

Maple Tahini Dressing

Makes about 1 ½ cups

½ clove garlic

½ cup balsamic vinegar

½ cup hemp oil

¼ cup water

2 tbsp tahini

½ tbsp dill

½ tsp cayenne pepper

¼ tsp maple syrup

Sea salt to taste •

Put all ingredients into a blender. Blend until smooth.

Brazier, Brendan (2011-09-06). Thrive Foods: 200 Plant-Based Recipes for Peak Health (p. 212). Da Capo Press. Kindle Edition.